

**Table 7.7 Maize: The source of food as determined by the FPHIQ (n = 2809): South Africa 1999**

Source of food (%)	EC	FS	G/TENG	KZN	M/GA	NC	NP	NW	WC	RSA
Number (n)	494	213	361	545	156	158	324	275	283	2809
Purchased	85	80	98	98	100	90	98	96	99	94
Reared/grown/ grown + milled	3	0.5	0.3	1	0	0	2	1	0	1
Picked / hunted	0.2	0	0	0.2	0	0.6	0	0	0	0.1
Part of Pay	0	17	0	0	0	9	0	1	0	2
Homemade/grown/milled	11	0	0	0.6	0	0	0	1	0	2
Clinic/NGO/ Donation/Other	0.4	2	0	0.2	0	0	0.3	0.4	0.8	0.3

**Table 7.8 Maize: The type used as determined by the FPHIQ (n = 2822): South Africa 1999**

Type of maize (%)	EC	FS	G/TENG	KZN	M/GA	NC	NP	NW	WC	RSA
Number (n)	494	213	361	545	156	160	331	275	286	2822
Special Enriched	43	44	63	76	36	79	43	28	92	57
Sifted White	24	31	23	11	37	19	30	54	3	24
Special White	17	18	8	8	27	2	25	0.7	4	12
Special Yellow	0	0	0	0	0	0	0	0	0.3	0
Domestically Milled (White)	13	4	3	2	0	0	0.6	17	1	5
Domestically Milled (Yellow)	2	0	0	0	0	0	0	0	0	0.3
Super Raw White	0.2	0.5	2	2	0	0	2	0	0	0.9
Unsifted	0.8	2	0.0	0.7	0	0.6	0	0	0.3	0.6

**Table 7.9 Percentage of HHs in selected\* provinces in which maize is procured by growing/milling, as part of pay or by domestic milling: South Africa 1999**

Percentage (%)	EC	FS	NC	NW
<b>Maize procured by:</b>				
Purchase	85	80	90	97
Grown/Milled	14	0.5	0	2
<b>Part of pay</b>	0	17	9.5	1
<b>Maize used is:</b>				
Domestically milled	15	4	0	17

\* Provinces in which a significant proportion of maize is procured as part of pay or in which the type of maize used is domestically milled

**Table 7.10 Maize: The brand names purchased as determined by the FPHIQ (n = 2515): South Africa 1999**

Brand name (%)	EC	FS	G/TENG	KZN	M/GA	NC	NP	NW	WC	RSA
Number (n)	378	211	342	496	160	144	297	214	273	2515
A1	-	-	2	-	3	-	-	5	-	0.7
ACE	8	2	29	21	-	0.7	4	4	3	11
Bathobotho	-	-	-	-	-	-	-	11	-	0.9
Blue Bird	9	-	-	0.6	-	-	-	0.5	0.4	1
Bokomo	3	0.5	-	-	-	4	-	-	5.5	1
Crown	3	-	-	0.8	-	-	2	0.5	-	0.8
Excella	-	7	0.9	-	-	0.7	0.6	-	1.5	0.9
Impala	29	7	4	10	2.5	58	4	2	65	19
Induna	7	5	1	5	0.6	6	13	3	4	5
Inkanyezi	2	-	-	14	-	-	-	-	-	3
Inyala	2	-	-	9	-	-	-	-	0.4	2
Iwisa	3	17	22	0.2	6	15	2	20	13	10
Mazola	-	-	8	-	-	-	-	2	-	1
Nyala	-	-	-	8.5	-	-	-	-	-	2
OTK	3	-	2	6	0.6	-	1	-	-	2
Pride	-	0.5	5	2	-	-	-	-	-	1
Shaya	-	-	0.3	-	-	-	9	2	-	1
“Special”	0.8	5	-	1	-	1	5	2	1	2
Super Sun	-	2	11	0.6	61	-	5	1	-	6
Tafelberg	-	-	0.9	-	-	-	11	4	-	2
Thuso	7	12	1	-	-	-	-	-	-	2
Westra	1	6	-	-	-	8	-	20	-	3
White Diamond	-	2	0.9	1	2.5	-	6	-	-	1

**Table 7.11 Maize: The frequency of purchase as determined by the FPHIQ (n = 2662): South Africa 1999**

Frequency of purchase (%)	EC	FS	G/TENG	KZN	M/GA	NC	NP	NW	WC	RSA
Number (n)	422	171	361	535	156	150	319	265	283	2662
Daily / 2 x per week	0.9	0.6	1	0.4	6	5	2	4	1	2
Weekly	4	5	14	5	4	16	2	12	27	9
Fortnightly/ monthly	91	93	84	92	88	77	94	82	66	86
Special Occasion	0.5	0	0	0	0.6	0.7	0	0.4	0	0.2
Infrequent	3	1	1	2	0.6	0.7	1	0.8	6	2

**Table 7.12 Maize: The place of purchase as determined by the FPHIQ (n = 2651): South Africa 1999**

Place of purchase (%)	EC	FS	G/TENG	KZN	M/GA	NC	NP	NW	WC	RSA
Number (n)	422	171	361	533	156	143	320	262	283	2651
Supermarket	79	89	82	93	70	89	51	65	92	80
Small Shop	20	4	15	5	29	8	45	34	6	18
Other (Vendor/Butchery/Take Away, other)	0.7	6	2	1	0	3	3	0.8	2	2

**Table 7.13 Maize: The amount purchased as determined by the FPHIQ (n = 2664): South Africa 1999**

Amount purchased (%)	EC	FS	G/TENG	KZN	M/GA	NC	NP	NW	WC	RSA
Number (n)	422	173	359	536	156	156	312	267	283	2664
< 2 kg	1	2	2	2	0	0.6	0	4	36	5
≥2 - ≤5 kg	3	2	5	3	2	4	0.3	10	32	7
≥5 - ≤10 kg	7	0.6	15	1	3	5	1	3	9	5
≥10 - ≤25 kg	49	56	64	26	22	69	0	38	21	37
≥25 - ≤50 kg	20	9	8	21	15	10	6	15	2	13
≥50 - ≤80 kg	17	24	5	21	36	8	14	28	0.7	16
>80 kg	0.7	6	1	25	20	3	72	2	0	16

**Table 7.14 Sugar: The source of purchase as determined by the FPHIQ (n = 2618): South Africa 1999**

Source of food (%)	EC	FS	G/TENG	KZN	M/GA	NC	NP	NW	WC	RSA
Number (n)	418	181	352	510	148	150	284	223	352	2618
Purchased	99	100	100	99	100	97	99	100	100	99
Grown	0.2	-	-	-	-	-	-	-	-	0
Picked	-	-	-	-	-	0.7	0.4	-	-	0.1
Part of Pay	-	-	-	0.2	-	3	-	-	0.3	0.2
Homemade	-	-	-	-	-	-	-	-	-	0
Clinic/NGO/Other	0.5	-	0.3	0.4	-	-	0.4	0.4	-	0.3

**Table 7.15 Sugar: The frequency of purchase as determined by the FPHIQ (n = 2610): South Africa 1999**

Frequency of purchase (%)	EC	FS	G/TENG	KZN	M/GA	NC	NP	NW	WC	RSA
Number (n)	416	181	350	509	148	150	282	223	351	2610
Daily / 2 x per week	1	3	2	0.6	7	6	0.7	4	2	2
Weekly	3	13	12	6	7	15	1	14	35	11
Fortnightly/ monthly	89	83	84	90	86	77	93	82	58	83
Special Occasion	0.7	0.6	0.3	0.2	0	1	0.4	0	0.3	0.3
Infrequent	7	0	1	3	0	1	5	0.4	4	3

**Table 7.16 Sugar: The place of purchase as determined by the FPHIQ (n = 2680): South Africa 1999**

Place of purchase (%)	EC	FS	G/TENG	KZN	M/GA	NC	NP	NW	WC	RSA
Number (n)	415	181	351	509	148	146	284	223	351	2680
Supermarket	81	87	86	94	78	88	73	69	95	85
Small Shop	18	10	14	5.5	21	10	25	30	4	14
Other (Vendor/Butchery/Other)	1	3	-	0.5	0.7	2	2	1	1	1

**Table 7.17 Sugar: The amount purchased as determined by the FPHIQ (n = 2599): South Africa 1999**

Amount purchased (%)	EC	FS	G/TENG	KZN	M/GA	NC	NP	NW	WC	RSA
Number (n)	417	181	347	509	148	149	275	221	352	2599
< 1 kg	1	5	6	2	2	2	1	2	2	3
≥1 kg - ≤2.5 kg	3	18	10	5	4	6	4	4	7	7
≥2.5 kg - ≤5 kg	15	46	39	14	13	23	15	30.8	49	26
≥5 kg - ≤10 kg	17	5	16	6	7	9	2	3	20	10
≥10 kg - ≤12.5 kg	9	2	7	28	2	10	4	16	11	12
≥12.5 kg - ≤20 kg	50	23	20	41	70	48	73	43	9	40
>20 kg	5	0.6	1	4	1	1	0.4	1	2	2

**Table 7.18 Sugar: The brand purchased as determined by the FPHIQ (n = 2480): South Africa 1999**

Brand name (%)	EC	FS	G/TENG	KZN	M/GA	NC	NP	NW	WC	RSA
Number (n)	369	179	337	491	149	137	267	206	345	2480
F/mily Favor/te	0	0	0	0	0	1	1	2	1	0
Hullets	87	92	27	86	10	63	5	51	67	59
Illovo	11	1	5	12	3	1	4	15	30	11
Selati	0	6	65	0	85	30	88	26	0	28
Other / Corrupt	2	1	3	2	3	5	1	6	2	2

**Table 7.19 Whole milk: The source of food as determined by the FPHIQ (n = 1783): South Africa 1999**

Source of food (%)	EC	FS	G/TENG	KZN	M/GA	NC	NP	NW	WC	RSA
Number (n)	330	165	296	247	52	81	73	201	338	1783
Purchased	89	77	99	95	100	96	94	90	96	93
Reared	6	2	0	2	-	0	-	2	1	2
Picked/hunted	0	0	0	0	-	1	-	0	0	0
Part of Pay	0	13	0	0	-	3	-	1	1	2
Homemade/grown/milled	0	0	0	1	-	0	2	4	0	1
Clinic/NGO/Donation/Other	5	7	1	2	-	0	4	3	2	3

**Table 7.20 Whole milk: The frequency of purchase as determined by the FPHIQ (n = 1669): South Africa 1999**

Frequency of purchase (%)	EC	FS	G/TENG	KZN	M/GA	NC	NP	NW	WC	RSA
Number (n)	294	127	294	235	52	80	70	187	330	1669
Daily / 2 x per week	26	36	32	12	23	40	3	50	34	29
Weekly	16	39	38	31	19	20	17	40	37	31
Fortnightly/ monthly	45	24	28	44	56	26	74	14	27	34
Special Occasion	1	0	0	3	0	5	3	0	0	1
Infrequent	11	1	2	10	2	9	3	1	2	5



**Table 7.21 Whole milk: The place of purchase as determined by the FPHIQ (n = 1659): South Africa 1999**

<b>Place of purchase (%)</b>	<b>EC</b>	<b>FS</b>	<b>G/TENG</b>	<b>KZN</b>	<b>M/GA</b>	<b>NC</b>	<b>NP</b>	<b>NW</b>	<b>WC</b>	<b>RSA</b>
<b>Number (n)</b>	294	126	292	234	52	78	70	184	329	1659
<b>Supermarket</b>	55	75	55	80	75	77	67	27	86	65
<b>Small Shop</b>	40	21	42	14	21	18	27	69	9	30
<b>Other</b>	5	5	3	6	4	5	6	4	5	5

**Table 7.22 Whole milk: The amount purchased as determined by the FPHIQ (n = 1662): South Africa 1999**

Amount purchased (%)	EC	FS	G/TENG	KZN	M/GA	NC	NP	NW	WC	RSA
<b>Number (n)</b>	294	128	292	231	52	77	68	190	254	1662
< 1 L	23	7	13	8	8	0	12	7	2	9
≥1 L - <2 L	10	25	20	26	4	30	21	28	24	20
≥2 L - ≤3 L	12	55	35	18	42.3	47	18	47	28	29
≥3 L - ≤4 L	2	1	1	0	0	0	0	1	8	2
≥4 L - ≤5 L	3	0	2	6	2	0	0	0	8	3
>5 L	20	5	5	20	11	16	9	7	13	15
<b>FLUIDS TOTAL</b>	70	93	76	78	66	93	59	90	83	78
< 1 kg	18	2	15	10	10	4	21	4	9	12
≥1 kg - ≤5 kg	8	6	8	12	19	4	21	4	6	8
>5 kg	1	0	0	0	4	0	0	1	0	1
<b>SOLIDS TOTAL</b>	27	8	23	22	33	8	42	9	15	21
<b>OTHER</b>	3	0	2	0	0	0	0	2	2	1

**Table 7.23 Whole milk: The type purchased as determined by the FPHIQ (n = 1795): South Africa 1999**

Type of milk purchased (%)	EC	FS	G/TENG	KZN	M/GA	NC	NP	NW	WC	RSA
Number (n)	330	165	296	247	52	82	77	204	342	1795
Condensed Milk	1	13	7	0	4	6	8	2	8	5
Evaporated Milk	6	18	6	4	4	7	3	1	6	6
Fresh/Long Life Whole Milk	83	65	75	77	79	83	58	92	82	79
Whole Milk Powder	11	4	12	18	11	4	31	5	5	10
Goat Milk	0	0	0	1	2	0	0	1	0	0

**Table 7.24 Tea: The source of food as determined by the FPHIQ (n = 2202): South Africa 1999**

Source of food (%)	EC	FS	G/TENG	KZN	M/GA	NC	NP	NW	WC	RSA
Number (n)	351	156	271	499	133	122	229	179	262	2202
Purchased	99	100	100	99	100	97	99	100	99	99
Reared/grown/milled	-	-	-	-	-	-	-	-	-	-
Picked/hunted	-	-	-	-	-	1	0.4	-	-	-
Part of Pay	-	-	-	-	-	2	-	-	-	0.1
Homemade	-	-	-	-	-	-	-	-	-	-
Clinic/NGO/Donation/Other	1	-	-	1	-	-	0.4	-	0.4	0.3

**Table 7.25 Tea: The frequency of purchase as determined by the FPHIQ (n = 2194): South Africa 1999**

Frequency of purchase (%)	EC	FS	G/TENG	KZN	M/GA	NC	NP	NW	WC	RSA
Number (n)	347	156	270	498	133	122	227	179	262	2194
Daily / 2 x per week	2	4	3	1	7	6	0	7	1	3
Weekly	3	13	16	8	7	20	4	17	28	12
Fortnightly/ monthly	86	81	80	87	84	71	94	76	63	81
Special Occasion	1	1	0	0	2	1	1	0	0	1
Infrequent	8	1	1	4	0	2	1	0	8	3

**Table 7.26 Tea: The place of purchase as determined by the FPHIQ (n = 2189): South Africa 1999**

Place of purchase (%)	EC	FS	G/TENG	KZN	M/GA	NC	NP	NW	WC	RSA
Number (n)	348	156	269	496	177	120	228	133	262	2189
Supermarket	81	84	81	91	81	89	68	64	96	83
Small shop	19	13	19	8	19	10	30	36	4	16
Other (Market/Vendor)	0.6	2.5	0.4	0.8	0	0.8	1.7	0	0.4	1

**Table 7.27 Tea: The amount purchased as determined by the FPHIQ (n = 2184): South Africa 1999**

<b>Amount purchased (%)</b>	<b>EC</b>	<b>FS</b>	<b>G/TENG</b>	<b>KZN</b>	<b>M/GA</b>	<b>NC</b>	<b>NP</b>	<b>NW</b>	<b>WC</b>	<b>RSA</b>
<b>Number (n)</b>	349	155	268	498	133	120	221	178	262	2184
<b>&lt; 50 g</b>	2	4	4	1	0	2	2	2	1	2
<b>≥50 - ≤100 g</b>	10	2	4	13	2	2	5	3	5	7
<b>≥100 - ≤250 g</b>	19	19	20	15	13	28	9	18	39	20
<b>≥250 - ≤500 g</b>	42	36	28	54	20	47	24	41	39	39
<b>≥500 - ≤750 g</b>	22	23	30	13	60	13	49	28	14	25
<b>&gt;750 g</b>	5	15	12	4	5	7	11	7	2	7

**Table 7.28 Tea: The brand purchased as determined by the FPHIQ (n = 1934): South Africa 1999\***

Brand name (%)	EC	FS	G/TENG	KZN	M/GA	NC	NP	NW	WC	RSA
Number (n)	234	157	286	411	124	56	239	150	277	1934
3 Trees	0	0	0	0	0	0	0	1	1	0
Ceylon (general)	33	1	14	3	66	11	30	2	17	18
Five Roses	2	31	7	2	4	4	13	26	4	9
Glen	7	2	8	22	1	16	1	3	18	10
Jackpot	1	1.3	1	0	1	0	0	0	1	0
Joko	5	41	32	2	4	20	33	36	5	17
Pitco	0	1	5	0	1	7	0	7	0	2
Teeco	0	0	0	0	0	0	0	0	6	1
Teaspoon Tips	32	0	2	0	0	0	0	0	0	4
Trinco	1	3	3	55	0	9	0	0	4	13
Other / Corrupted Entries	19	19	28	16	23	34	23	26	44	25

\* From common foods list, description column – may not be representative – included as an indication