

**CONSENT FORM****FOOD CONSUMPTION PATTERNS  
YEARS OF AGE IN SOUTH AFRICA:****SURVEY IN CHILDREN 1-9  
A NATIONAL SURVEY****ETHICS COMMITTEE REFERENCE NUMBER****DECLARATION BY OR ON BEHALF OF THE PARTICIPANT**

I, the undersigned, .....

[ID.....] participant OR in my capacity as ..... of the  
participant (child) in the survey

[ID .....] of

.....(address)

**A** I confirm that:

1. I/the participant (child) has been asked to participate in the above-mentioned research survey of the Department of Health.....carried out by the University of .....
2. It has been explained to me, that:
  - 2.1 The purpose of the research survey is to collect information on what types of foods children in the ages 1-9 years in South Africa eat. The information collected will be used to determine the intake of various nutrients by these children and to decide whether extra nutrients should be added to foods children eat to make them more nutritious
  - 2.2 In order to collect this information I have been told that a number of questions regarding the types and amounts of foods the participant (child) eats and how often these foods are eaten. I have been also told that the person asking me the questions will have a look in my food cupboards to see what foods of those the participant (child) eats are available in the house at the time the questions are asked of me. The participant (child) will also be weighed and his height/length and the circumference of his/hers right upper arm will be measured.
  - 2.3 I have been told that this information will be collected from over 3 000 children in the country and I will only be asked these questions once. The measurements on the participant (child) will also be done once.
  - 2.4 I have also been told that this research survey is being done in the whole country for the

benefit of the country's children.

3. I was told that in order to get the answers to all the questions it will take approximately 2 hours. I was also told that the measurements on the participant (child) will not cause any pain or harm to the participant (child) in any way.
4. It was also explained to me that by participating in the research survey I will be helping all the children in the country.
5. It was also explained to me that the information I will give will be kept confidential but that it will be used anonymously for making known the findings to other scientists.
6. I/the participant (child) can have no direct access to the results of the survey but I can contact the researcher who will inform me of the findings on the participant (child).
7. It was also clearly explained to me that I can refuse to participate in this research survey or I can stop answering the questions at any time during the interview. If this was to happen, I will not be disadvantaged in any way and it will not be held against me.
8. The information in this consent form was explained to me by .....(name of interviewer) in .....(language) and I confirm that I have a good command in this language and understood the explanations, OR it was translated to me by ..... (Name of translator) in my language (.....). I was also given the opportunity to ask questions on things I did not understand clearly.
9. No pressure was applied on me/the participant (child) to take part in this research survey.
10. Finally, participation in this research survey will have no costs for me /the participant (child).

**B** I/the participant (child) hereby agree voluntarily to take part in this research survey.

Signed/confirmed at ..... on ..... 19....

.....

.....

Participant's/representative of participant's

Witness

Signature or hand mark

#### DECLARATION BY OR ON BEHALF OF RESEARCHER

I, ....., declare that:

