

NATIONAL FOOD CONSUMPTION SURVEY: SA CHILDREN 1-9 YEARS OLD

Subject Number:
Birth Date:
Interview Date:

Province: _____ **EA.:** _____ **Interviewer:** _____ **Interviewer Code:** _____

FOOD PROCUREMENT AND HOUSEHOLD FOOD INVENTORY QUESTIONNAIRE

(The Household Food Inventory is for selected EAs only; see manual)

Name of person responsible for procuring food:										
Relationship to child of person responsible for procuring food:	Father	Mother	Sibling	Grandma	Grandpa	Aunt	Uncle	Cousin	Friend	Other
	1	2	3	4	5	6	7	8	9	10

NB: If the person responsible for procuring the food is not present, record the date and the time of appointment to interview them:

Date:
Day:
Time:

Explanation to be given to person being interviewed

a) We would like to find out where you normally get the food you use in your household. This information is important to know as it will tell us where people normally get their food and help the government in trying to make sure that children are able to get the right sorts of food.

Please think carefully about the food and drinks that you get for the household. I will now go through a list of foods and drinks with you and I would like you to tell me:

b) For Food Procurement:

- If you use a particular food or drink, where do you get (procure) the food from;
- If you get your food by purchasing it,
 - how often do you buy the food;
 - where do you buy the food ;
 - how much of the food you get each time you buy it

c) For Household Food Inventory (explanation only given to households in selected EAs):

- place of food storage in this house;
 - how much food you have in this house at this moment
- d) THERE ARE NO RIGHT OR WRONG ANSWERS.
- EVERYTHING YOU TELL ME IS CONFIDENTIAL.
 - IS THERE ANYTHING YOU WANT TO ASK NOW?
 - ARE YOU WILLING TO GO ON WITH THE QUESTIONS?

INSTRUCTIONS TO FIELDWORKERS:

CIRCLE THE CHOSEN ANSWER AND/OR FILL IN THE FOOD AND DRINKS USED, SOURCE OF FOOD AND DRINKS, FREQUENCY OF PURCHASING FOOD AND DRINKS, AMOUNT OF FOOD AND DRINKS PURCHASED.

For household food inventory fill in the amount and location of food in the house in the appropriate columns. Also note that for the Household Food Inventory:

1. Only include food that is for household use.
2. Do not include food that is being cooked.
3. Include cooked food that may be stored in the fridge, cupboard or elsewhere. List these foods in the section E labelled **COOKED FOOD STORED** at the end of the questionnaire.

4. Do not include live animals or crops that are still growing in the garden.

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SUGGESTED APPROACH TO ASKING THE QUESTIONS FOR THE FOOD PROCUREMENT SECTION OF THE QUESTIONNAIRE

For the first food listed ask:

Does your household use tea?

If the answer is 'no' leave that line of the questionnaire blank and move on to the next food.

If the answer is 'yes', ask:

Which type of tea?

Circle the appropriate description of the food or drink in the column entitled description, i.e. either Ceylon or Rooibos or write the description of any other type of tea under 'other'. If the household for example uses Ceylon tea:

Then ask:

Where do you get Ceylon tea from?

Record the answer using the appropriate code for the source of the food.

*a) If the food is **not** purchased you should then ask:*

Does your household use any other types of tea, for example do you use Rooibos tea?

If the answer is 'no' leave that line of the questionnaire blank and move on to the next food and repeat the procedure outlined above.

If the answer is 'yes' repeat the procedure outlined above.

b) If the food is purchased you should then ask:

How often do you buy Ceylon tea?

Record the answer using the appropriate code for frequency of food purchase shown at the top of the questionnaire. Choose one code.

Then ask:

Where do you buy the Ceylon tea?

Use the codes for the place of food purchase shown at the top of the questionnaire to record the response. Note that you may record more than one place of food purchase.

Then ask:

How much Ceylon tea do you purchase?

i.e. when you purchase this item what is the total amount you purchase?

Note the 'amount purchased' refers to the total amount purchased each time of purchasing, i.e. how much of this item does the person shopping for the household bring home.

Record the amount of food or drinks purchased, **either** in weight (grams or kilograms) or volume (mls or litres). **ALSO DO NOT FORGET TO RECORD THE UNIT OF PURCHASE, E.G. 200 G PACK OF TEA (CONSULT THE TRAINING MANUAL IF UNSURE).**

Then ask:

Does your household use any other types of tea, for example do you use Rooibos tea?

If the answer is 'no', leave that line of the questionnaire blank and move on to the next food. If the answer is 'yes', repeat the procedure outlined above.

SECTION A: I WILL NOW ASK ABOUT THE FOOD ITEMS IN THE HOUSE:

CODES FOR COLUMNS BELOW							
SOURCE OF FOOD		FREQUENCY OF FOOD PURCHASE		PLACE OF FOOD PURCHASE		PLACE OF FOOD STORAGE	
<i>Purchased</i>	1	<i>Daily / 2X p week</i>	1	<i>Supermarket</i>	1	<i>Cupboard</i>	1
<i>Reared</i>	2	<i>Weekly</i>	2	<i>Small Shop</i>	2	<i>Fridge</i>	2
<i>Grown</i>	3	<i>Fortnightly /</i>	3	<i>Market</i>	3	<i>Freezer</i>	3
<i>Grown and milled</i>	4	<i>Monthly</i>	4	<i>Vendor</i>	4	<i>Veget. Rack</i>	4
<i>Picked – wild</i>	5	<i>Spec. Occ</i>	5	<i>Butchery</i>	5	<i>Garden</i>	5
<i>Hunted / Fished</i>	6	<i>Infrequently</i>		<i>Picked/Field</i>	6	<i>Bag</i>	6
<i>Prt – pay – emplr</i>	7			<i>Self</i>	7	<i>Bucket/trunk</i>	7
<i>Barter</i>	8			<i>Take away</i>	8	<i>Pantry</i>	8
<i>Homemade</i>	9			<i>Other</i>	9	<i>Pot</i>	9
<i>Clinic / NGO / Inst.</i>	10					<i>Tupper</i>	10
<i>Dons / Present</i>	11					<i>In a Container</i>	11
<i>Other</i>	12					<i>Coolbox</i>	12
						<i>Other</i>	13

FOOD	FOOD PROCUREMENT					HOUSEHOLD FOOD INVENTORY				CODE
	DESCRIPTION (Please circle)	SOURCE OF FOOD (You may record more than one code)	If Purchased			For Selected EAs only. Only foods for household use. DO NOT INCLUDE FOOD BEING COOKED.				
			Frequency of food purchase	PLACE OF FOOD PURCHASE (You may record more than one code)	Amount Purchased (g), (ml), (kg) or (l)	Description (Please Tick)	PLACE OF FOOD STORAGE (You may record more than one code)	Amount in storage in the house (g), (ml), (kg), (l)	If > 50 kg Stored, how long will stored food last (Day/Week/ Months)	
Tea Leaves/ Bags	Ceylon									4038
	Rooibos									4054
	Other									
Coffee	Beans/Ground/ Powder									4037
	Other									
Sugar	White									3989
	Brown									4005
	Sweetener: Type									P0016
	Other									
Milk	Condensed Milk: - (Whole) Sweet									2714
	- (Skim) Sweet									2744
	- Non-dairy									P0042
	Evaporated Milk - Whole									2715
	- Skim									2827
	- Lite									P0043
	Whitener/Non-dairy Creamer									2751
	Whole milk Powder: Vit A&D added									2721
Reconstitute									2831	

Skimmed Milk: Vit A&D added										2720
Reconstitute										2719
Fresh/Long Life Whole										2718
Milk Blend – Reconstitute										2771
Powder										2770

CODES FOR COLUMNS BELOW							
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<i>Purchased</i>	1	<i>Daily / 2X p week</i>	1	<i>Supermarket</i>	1	<i>Cupboard</i>	1
<i>Reared</i>	2	<i>Weekly</i>	2	<i>Small Shop</i>	2	<i>Fridge</i>	2
<i>Grown</i>	3	<i>Fortnightly /</i>	3	<i>Market</i>	3	<i>Freezer</i>	3
<i>Grown and milled</i>	4	<i>Monthly</i>	4	<i>Vendor</i>	4	<i>Veget. Rack</i>	4
<i>Picked – wild</i>	5	<i>Spec. Occ</i>	5	<i>Butchery</i>	5	<i>Garden</i>	5
<i>Hunted / Fished</i>	6	<i>Infrequently</i>		<i>Picked/Field</i>	6	<i>Bag</i>	6
<i>Prt – pay – emplr</i>	7			<i>Self</i>	7	<i>Bucket/trunk</i>	7
<i>Barter</i>	8			<i>Take away</i>	8	<i>Pantry</i>	8
<i>Homemade</i>	9			<i>Other</i>	9	<i>Pot</i>	9
<i>Clinic / NGO / Inst.</i>	10					<i>Tupper</i>	10
<i>Dons / Present</i>	11					<i>In a Container</i>	11
<i>Other</i>	12					<i>Coolbox</i>	12
						<i>Other</i>	13

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	DESCRIPTION (Please circle)	SOURCE OF FOOD (You may record more than one code)	If Purchased		For Selected EAs only. Only foods for household use. DO NOT INCLUDE FOOD BEING COOKED.				
			Frequency of food purchase	PLACE OF FOOD PURCHASE (You may record more than one code)	Amount Purchased (g) (ml), (kg) or (l)	Description (Please Tick)	PLACE OF FOOD STORAGE (You may record more than one code)	Amount in storage in the house (g), (ml), (kg) or (l)	
Milk (continued)	Fresh/long life 2%								2772
	Fresh/Long Life/Fat Free (Skimmed)								2775
	Goat								2738
	Soy Milk								2737
	Other								
Milk Drinks, Including Milk Supplements	Sour / Maas								2787
	Buttermilk								2713
	Sustagen								4079
	Complan Powder								4082
	Drinking Chocolate Powder								2829
	Milo Powder								2736
	Flavoured Milk (Ready Made)								2774
Flavoured Milk (Powder)								2830	
	Other: (Ready made)								
	_____ (Powder)								

Yoghurt	Drinking yoghurt (Flavoured)									2756
	Thick Yoghurt (Fruit)									2732
	Plain Yoghurt, Low Fat									2734
	Yoghurt (Whole Milk, Plain)									2757
	Other									

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<i>Purchased</i>	1	<i>Daily / 2X p week</i>	1	<i>Supermarket</i>	1	<i>Cupboard</i>	1
<i>Reared</i>	2	<i>Weekly</i>	2	<i>Small Shop</i>	2	<i>Fridge</i>	2
<i>Grown</i>	3	<i>Fortnightly /</i>	3	<i>Market</i>	3	<i>Freezer</i>	3
<i>Grown and milled</i>	4	<i>Monthly</i>	4	<i>Vendor</i>	4	<i>Veget. Rack</i>	4
<i>Picked – wild</i>	5	<i>Spec. Occ</i>	5	<i>Butchery</i>	5	<i>Garden</i>	5
<i>Hunted / Fished</i>	6	<i>Infrequently</i>		<i>Picked/Field</i>	6	<i>Bag</i>	6
<i>Prt – pay – emplr</i>	7			<i>Self</i>	7	<i>Bucket/trunk</i>	7
<i>Barter</i>	8			<i>Take away</i>	8	<i>Pantry</i>	8
<i>Homemade</i>	9			<i>Other</i>	9	<i>Pot</i>	9
<i>Clinic / NGO / Inst.</i>	10					<i>Tupper</i>	10
<i>Dons / Present</i>	11					<i>In a Container</i>	11
<i>Other</i>	12					<i>Coolbox</i>	12
						<i>Other</i>	13

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	DESCRIPTION (Please circle)	SOURCE OF FOOD (You may record more than one code)	If Purchased			For Selected EAs only. Only foods for household use. DO NOT INCLUDE FOOD BEING COOKED.				
			Frequency of food purchase	PLACE OF FOOD PURCHASE (You may record more than one code)	Amount Purchased (g) (ml), (kg) or (l)	Description (Please Tick)	PLACE OF FOOD STORAGE (You may record more than one code)	Amount in storage in the house (g), (ml), (kg) or (l)	If > 50 kg Stored, how long will stored food last (Day/Week/Months)	
Fruit Squash	SweetO, SixO									3990
	Oros/Lecol with Sugar									3982
	Artificial Sweetener									3990
	Kool Aid									3982
	Other									
Fruit Juice and Diluted Fruit Nectar	Apple (No Sugar)									3606
	Apricot (No Sugar)									3610
	Apricot + Sugar									3539
	Grape Unsweetened									3624
	Grape									3690
	Granadilla									3680
	Mango (No Sugar)									3683
	Orange (No Sugar)									3638
	Orange + Sugar									3562
	Guava (No Sugar)									3629
	Guava + Sugar									3554
	Peach (No Sugar)									3687
Peach Nectar									3642	

Pear (No Sugar)										3645
Pear Nectar										3587
Naartjie										3682
Naartjie Canned Sweetened										3559
Other										

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<i>Reared</i>	2	<i>Weekly</i>	2	<i>Small Shop</i>	2	<i>Fridge</i>	2
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<i>Grown and milled</i>	4	<i>Monthly</i>	4	<i>Vendor</i>	4	<i>Veget. Rack</i>	4
<i>Picked – wild</i>	5	<i>Spec. Occ</i>	5	<i>Butchery</i>	5	<i>Garden</i>	5
<i>Hunted / Fished</i>	6	<i>Infrequently</i>		<i>Picked/Field</i>	6	<i>Bag</i>	6
<i>Prt – pay – emplr</i>	7			<i>Self</i>	7	<i>Bucket/trunk</i>	7
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Fruit Drinks/ Fruit Nectar Undiluted	Fruit Syrup									2865
	Guava Syrup									2864
	Other									
Cold Drinks and Other Drinks	Carbonated									3981
	Diet (Low Cal)									3990
	Dairy Fruit Juice Mix									2710
	Mageu									4056
	Other									
Alcoholic Beverages	Sorghum Beer									4039
	Commercial Beer									P0044
	Wine									4033
	Spirits									4035
	Other:									
Maize-meal	Sifted raw (White)									3398

	Special (White) Enriched Raw									3377
	Special Raw (White)									3270
	Special Raw (Yellow)									3275
	Unsifted Raw (White)									3269
	Super Raw (White)									3397
	Domestically Milled (White)									3449
	Domestically Milled (Yellow)									3450
	Other									

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<i>Purchased</i>	1	<i>Daily / 2X p week</i>	1	<i>Supermarket</i>	1	<i>Cupboard</i>	1
<i>Reared</i>	2	<i>Weekly</i>	2	<i>Small Shop</i>	2	<i>Fridge</i>	2
<i>Grown</i>	3	<i>Fortnightly /</i>	3	<i>Market</i>	3	<i>Freezer</i>	3
<i>Grown and milled</i>	4	<i>Monthly</i>	4	<i>Vendor</i>	4	<i>Veget. Rack</i>	4
<i>Picked – wild</i>	5	<i>Spec. Occ</i>	5	<i>Butchery</i>	5	<i>Garden</i>	5
<i>Hunted / Fished</i>	6	<i>Infrequently</i>		<i>Picked/Field</i>	6	<i>Bag</i>	6
<i>Prt – pay – emplr</i>	7			<i>Self</i>	7	<i>Bucket/trunk</i>	7
<i>Barter</i>	8			<i>Take away</i>	8	<i>Pantry</i>	8
<i>Homemade</i>	9			<i>Other</i>	9	<i>Pot</i>	9
<i>Clinic / NGO / Inst.</i>	10					<i>Tupper</i>	10
<i>Dons / Present</i>	11					<i>In a Container</i>	11
<i>Other</i>	12					<i>Coolbox</i>	12
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	DESCRIPTION (Please circle)	SOURCE OF FOOD (You may record more than one code)	If Purchased			For Selected EAs only. Only foods for household use. DO NOT INCLUDE FOOD BEING COOKED.				
			Frequency of food purchase	PLACE OF FOOD PURCHASE (You may record more than one code)	Amount Purchased (g) (ml), (kg) or (l)	Description (Please Tick)	PLACE OF FOOD STORAGE (You may record more than one code)	Amount in storage in the house (g), (ml), (kg) or (l)	If > 50 kg Stored, how long will stored food last (Day/Week/ Months)	
Wheat Flour	Brown Bread Meal									3298
	Cake/ White Bread Flour									3273
	Self Raising, White									3415
	Whole Wheat Meal									3299
	Other									
Sorghum /Mabella	Uncooked									3277
	Other									
Oats	Rolled or Oatmeal									3304
	Other									
Samp/	Commercial									3274

	Self Ground									3449
	Other									
Samp and Beans	Ratio (1:1)									3402
	Other									
Samp and Peanuts	Specify ratio (80:20)									P0013
	Other									
Rice	White									3247
	Brown									3315
	Sorghum Rice									3437
	Other									

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<i>Reared</i>	2	<i>Weekly</i>	2	<i>Small Shop</i>	2	<i>Fridge</i>	2
<i>Grown</i>	3	<i>Fortnightly /</i>	3	<i>Market</i>	3	<i>Freezer</i>	3
<i>Grown and milled</i>	4	<i>Monthly</i>	4	<i>Vendor</i>	4	<i>Veget. Rack</i>	4
<i>Picked – wild</i>	5	<i>Spec. Occ</i>	5	<i>Butchery</i>	5	<i>Garden</i>	5
<i>Hunted / Fished</i>	6	<i>Infrequently</i>		<i>Picked/Field</i>	6	<i>Bag</i>	6
<i>Prt – pay – emplr</i>	7			<i>Self</i>	7	<i>Bucket/trunk</i>	7
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Breakfast Cereals	Corn Flakes									3243
	Sugar Frosted									3374
	Honey Crunch Muesli									3303
	Pro Nutro:									3438
	Great Start									
	High Energy									3245
	Whole Wheat									3436
	Puffed Wheat (Sweetened)									3325
	Honey Smacks									3376
Raisin Bran									3373	
Special K									3322	

	All Bran									3242
	Rice Crispies									3252
	Cocopops									3372
	Fruitloops									3425
	Weetbix									3244
	Tastee Wheat									3240
	Other									
Bread/ Steamed Bread/ Rolls	White									3210
	Brown									3211
	Whole wheat									3212
	Other									
Dumpling	White									3210
	Other									

CODES FOR COLUMNS BELOW

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Vetkoek	White									3257
	Whole Wheat									3324
	Other									
Fats	Butter (Animal Fat)									3479

	Hard Margarine (Brick)								3484
	Soft Margarine (Medium)								3531
	Soft Margarine Polyunsaturated								3496
	Holsum								3516
	Ghee (Butter)								3525
	Peanut Butter								3485
	Butro								3523
	Dripping (Lard)								3495
	Ghee (Plant)								3509
	Olive Oil								3509
	Sunflower Oil								3507
	Canola Oil								4280
	Other								
Crackers	Pro Vita								3235
	Cream Crackers								3230
	Tuc								3331
	Whole Wheat								3391
	Other								

CODES FOR COLUMNS BELOW

SOURCE OF FOOD		FREQUENCY OF FOOD PURCHASE		PLACE OF FOOD PURCHASE		PLACE OF FOOD STORAGE	
<i>Purchased</i>	1	<i>Daily / 2X p week</i>	1	<i>Supermarket</i>	1	<i>Cupboard</i>	1
<i>Reared</i>	2	<i>Weekly</i>	2	<i>Small Shop</i>	2	<i>Fridge</i>	2
<i>Grown</i>	3	<i>Fortnightly /</i>	3	<i>Market</i>	3	<i>Freezer</i>	3
<i>Grown and milled</i>	4	<i>Monthly</i>	4	<i>Vendor</i>	4	<i>Veget. Rack</i>	4
<i>Picked – wild</i>	5	<i>Spec. Occ</i>	5	<i>Butchery</i>	5	<i>Garden</i>	5
<i>Hunted / Fished</i>	6	<i>Infrequently</i>		<i>Picked/Field</i>	6	<i>Bag</i>	6
<i>Prt – pay – emplr</i>	7			<i>Self</i>	7	<i>Bucket/trunk</i>	7
<i>Barter</i>	8			<i>Take away</i>	8	<i>Pantry</i>	8
<i>Homemade</i>	9			<i>Other</i>	9	<i>Pot</i>	9
<i>Clinic / NGO / Inst.</i>	10					<i>Tupper</i>	10
<i>Dons / Present</i>	11					<i>In a Container</i>	11
<i>Other</i>	12					<i>Coolbox</i>	12
						<i>Other</i>	13

FOOD	FOOD PROCUREMENT				HOUSEHOLD FOOD INVENTORY				CODE
	DESCRIPTION (Please circle)	SOURCE OF FOOD (You may record more than one code)	If Purchased		For Selected EAs only. Only foods for household use. DO NOT INCLUDE FOOD BEING COOKED.				
			Frequency of food purchase	PLACE OF FOOD PURCHASE (You may record more than one code)	Amount Purchased (g), (ml), (kg) or (l)	Description (Please Tick)	PLACE OF FOOD STORAGE (You may record more than one code)	Amount in storage in the house (g), (ml), (kg) or (l)	
Muffins	Plain								3408
	Bran								3407
	Other								
Roti	With Oil								3358
	With Margarine								3357

	Other									
Rusks	Commercial, Bran									3330
	Commercial (Buttermilk)									3329
	Boerbeskuit (White)									3364
	Other									
Scones	Other									3237
Other breads	Ginger									3253
	Raisin									3214
	Maize Meal									3278
	Sweet Corn									3379
	Rye									3213
	Pumpernickel									3283
	Other									
Sweet spreads	Jam									3985
	Syrup									3988
	Honey									3984
	Marmalade									3985
	Other									

CODES FOR COLUMNS BELOW

SOURCE OF FOOD		FREQUENCY OF FOOD PURCHASE		PLACE OF FOOD PURCHASE		PLACE OF FOOD STORAGE	
<i>Purchased</i>	1	<i>Daily / 2X p week</i>	1	<i>Supermarket</i>	1	<i>Cupboard</i>	1
<i>Reared</i>	2	<i>Weekly</i>	2	<i>Small Shop</i>	2	<i>Fridge</i>	2
<i>Grown</i>	3	<i>Fortnightly /</i>	3	<i>Market</i>	3	<i>Freezer</i>	3
<i>Grown and milled</i>	4	<i>Monthly</i>	4	<i>Vendor</i>	4	<i>Veget. Rack</i>	4
<i>Picked – wild</i>	5	<i>Spec. Occ</i>	5	<i>Butchery</i>	5	<i>Garden</i>	5
<i>Hunted / Fished</i>	6	<i>Infrequently</i>		<i>Picked/Field</i>	6	<i>Bag</i>	6
<i>Prt – pay – emplr</i>	7			<i>Self</i>	7	<i>Bucket/trunk</i>	7
<i>Barter</i>	8			<i>Take away</i>	8	<i>Pantry</i>	8
<i>Homemade</i>	9			<i>Other</i>	9	<i>Pot</i>	9
<i>Clinic / NGO / Inst.</i>	10					<i>Tupper</i>	10
<i>Dons / Present</i>	11					<i>In a Container</i>	11
<i>Other</i>	12					<i>Coolbox</i>	12
						<i>Other</i>	13

FOOD	FOOD PROCUREMENT				HOUSEHOLD FOOD INVENTORY				CODE
	DESCRIPTION (Please circle)	SOURCE OF FOOD (You may record more than one code)	If Purchased		For Selected EAs only. Only foods for household use. DO NOT INCLUDE FOOD BEING COOKED.				
Frequency of food purchase			PLACE OF FOOD PURCHASE (You may record more than one code)	Amount Purchased (g) (ml), (kg) or (l)	Description (Please Tick)	PLACE OF FOOD STORAGE (You may record more than one code)	Amount in storage in the house (g), (ml), (kg) or (l)	If > 50 kg Stored, how long will stored food last (Day/Week/Months)	
Marmite/	Marmite								4030

	Meat Spread (Oxo)																					4029	
	Other																						
Pastes	Fish Paste																						3109
	Meat Paste																						2917
	Liver Spread																						2922
	Other																						
Other Spreads	Sandwich Spread																						3522
	Choc Spread																						P0005
	Peanut Butter																						3485
	Other																						
Eggs	Raw, whole																						2901
	Other																						
Cheese	Cheddar																						2722
	Gouda																						2723
	Cottage Low Fat																						2760
	Cottage Creamed																						2759
	Cottage Fat Free																						2729
	Cream Cheese																						2725
	Other																						

CODES FOR COLUMNS BELOW

SOURCE OF FOOD		FREQUENCY OF FOOD PURCHASE		PLACE OF FOOD PURCHASE		PLACE OF FOOD STORAGE	
<i>Purchased</i>	1	<i>Daily / 2X p week</i>	1	<i>Supermarket</i>	1	<i>Cupboard</i>	1
<i>Reared</i>	2	<i>Weekly</i>	2	<i>Small Shop</i>	2	<i>Fridge</i>	2
<i>Grown</i>	3	<i>Fortnightly /</i>	3	<i>Market</i>	3	<i>Freezer</i>	3
<i>Grown and milled</i>	4	<i>Monthly</i>	4	<i>Vendor</i>	4	<i>Veget. Rack</i>	4
<i>Picked – wild</i>	5	<i>Spec. Occ</i>	5	<i>Butchery</i>	5	<i>Garden</i>	5
<i>Hunted / Fished</i>	6	<i>Infrequently</i>		<i>Picked/Field</i>	6	<i>Bag</i>	6
<i>Prt – pay – emplr</i>	7			<i>Self</i>	7	<i>Bucket/trunk</i>	7
<i>Barter</i>	8			<i>Take away</i>	8	<i>Pantry</i>	8
<i>Homemade</i>	9			<i>Other</i>	9	<i>Pot</i>	9
<i>Clinic / NGO / Inst.</i>	10					<i>Tupper</i>	10
<i>Dons / Present</i>	11					<i>In a Container</i>	11
<i>Other</i>	12					<i>Coolbox</i>	12
						<i>Other</i>	13

FOOD	FOOD PROCUREMENT			HOUSEHOLD FOOD INVENTORY For Selected EAs only. Only foods for household use. DO NOT INCLUDE FOOD BEING COOKED.	CODE
	DESCRIPTION (Please circle)	SOURCE OF FOOD	If Purchased		

			Frequency of food purchase	PLACE OF FOOD PURCHASE (You may record more than one code)	Amount Purchased (g) (ml), (kg) or (l)	Description (Please Tick)	PLACE OF FOOD STORAGE (You may record more than one code)	Amount in storage in the house (g), (ml), (kg) or (l)	If > 50 kg Stored, how long will stored food last (Day/Week/Months)	
Cheese spreads	Specify:									2730
Pastas	Macaroni									3262
	Spaghetti									3262
	Other									
Pizza	Specify Toppings									3353
	Other									
Savoury Tart	+ Asparagus									3367
	+ Vienna									3326
	+ Tuna									3366
	Other									
PROTEIN FOODS : MEAT, BEANS, CHICKEN, FISH AND EGGS										
Chicken	Raw									4292
	- Feet	Raw								2997
	- Head	Raw								2999
	- Offal	Giblets – Cooked								2998
	- Pie									2954
Red meat:	Raw									P0017
	- Beef									
	- Mutton	Raw								P0018
	- Pork	Raw								P0019
- Goat	Raw								P0020	
Meat Bones	Raw									P0021
Biltong	Specify:									
	Beef									2911
	Game									2912

CODES FOR COLUMNS BELOW

SOURCE OF FOOD		FREQUENCY OF FOOD PURCHASE		PLACE OF FOOD PURCHASE		PLACE OF FOOD STORAGE	
<i>Purchased</i>	1	<i>Daily / 2X p week</i>	1	<i>Supermarket</i>	1	<i>Cupboard</i>	1
<i>Reared</i>	2	<i>Weekly</i>	2	<i>Small Shop</i>	2	<i>Fridge</i>	2
<i>Grown</i>	3	<i>Fortnightly /</i>	3	<i>Market</i>	3	<i>Freezer</i>	3
<i>Grown and milled</i>	4	<i>Monthly</i>	4	<i>Vendor</i>	4	<i>Veget. Rack</i>	4
<i>Picked – wild</i>	5	<i>Spec. Occ</i>	5	<i>Butchery</i>	5	<i>Garden</i>	5
<i>Hunted / Fished</i>	6	<i>Infrequently</i>		<i>Picked/Field</i>	6	<i>Bag</i>	6
<i>Prt – pay – emplr</i>	7			<i>Self</i>	7	<i>Bucket/trunk</i>	7
<i>Barter</i>	8			<i>Take away</i>	8	<i>Pantry</i>	8
<i>Homemade</i>	9			<i>Other</i>	9	<i>Pot</i>	9
<i>Clinic / NGO / Inst.</i>	10					<i>Tupper</i>	10
<i>Dons / Present</i>	11					<i>In a Container</i>	11
<i>Other</i>	12					<i>Coolbox</i>	12
						<i>Other</i>	13

FOOD	FOOD PROCUREMENT	HOUSEHOLD FOOD INVENTORY	CODE
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	DESCRIPTION (Please circle)	SOURCE OF FOOD (You may record more than one code)	If Purchased			Description (Please Tick)	PLACE OF FOOD STORAGE (You may record more than one code)	Amount in storage in the house (g), (ml), (kg) or (l)	If > 50 kg Stored, how long will stored food last (Day/Week/Months)	
			Frequency of food purchase	PLACE OF FOOD PURCHASE (You may record more than one code)	Amount Purchased (g), (ml), (kg) or (l)					
Offal:	Intestines - raw								P0022	
	Vetderm								P0023	
	Liver - raw								4296	
	Kidney - raw								4293	
	Tripe "pens" trotters, head - raw								P0024	
	Pluck (lungs, heart, gullet) - raw								P0025	
	Other									
Wors / Sausage	Raw								P0026	
	Other									
Bacon	Lean								2915	
	With Fat								2906	
	Other									
Cold Meats	Polony								2919	
	Ham								2967	
	Vienna's								2936	
	Other									
Canned Meat	Bully beef								2940	
	Other									
Hot Dogs (specify sausage): Hamburgers (specify meat):	Hot Dog:								P0027	
	Ham Burger								P0028	

CODES FOR COLUMNS BELOW

SOURCE OF FOOD	FREQUENCY OF FOOD PURCHASE	PLACE OF FOOD PURCHASE	PLACE OF FOOD STORAGE
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<i>Purchased</i>	1	<i>Daily / 2X p week</i>	1	<i>Supermarket</i>	1	<i>Cupboard</i>	1
<i>Reared</i>	2	<i>Weekly</i>	2	<i>Small Shop</i>	2	<i>Fridge</i>	2
<i>Grown</i>	3	<i>Fortnightly /</i>	3	<i>Market</i>	3	<i>Freezer</i>	3
<i>Grown and milled</i>	4	<i>Monthly</i>	4	<i>Vendor</i>	4	<i>Veget. Rack</i>	4
<i>Picked – wild</i>	5	<i>Spec. Occ</i>	5	<i>Butchery</i>	5	<i>Garden</i>	5
<i>Hunted / Fished</i>	6	<i>Infrequently</i>		<i>Picked/Field</i>	6	<i>Bag</i>	6
<i>Prt – pay – emplr</i>	7			<i>Self</i>	7	<i>Bucket/trunk</i>	7
<i>Barter</i>	8			<i>Take away</i>	8	<i>Pantry</i>	8
<i>Homemade</i>	9			<i>Other</i>	9	<i>Pot</i>	9
<i>Clinic / NGO / Inst.</i>	10					<i>Tupper</i>	10
<i>Dons / Present</i>	11					<i>In a Container</i>	11
<i>Other</i>	12					<i>Coolbox</i>	12
						<i>Other</i>	13

FOOD	FOOD PROCUREMENT					HOUSEHOLD FOOD INVENTORY				CODE
	DESCRIPTION (Please circle)	SOURCE OF FOOD (You may record more than one code)	If Purchased			For Selected EAs only. Only foods for household use. DO NOT INCLUDE FOOD BEING COOKED.				
			Frequency of food purchase	PLACE OF FOOD PURCHASE (You may record more than one code)	Amount Purchased (g), (ml), (kg) or (l)	Description (Please Tick)	PLACE OF FOOD STORAGE (You may record more than one code)	Amount in storage in the house (g), (ml), (kg) or (l)	If > 50 kg Stored, how long will stored food last (Day/Week/ Months)	
Meat pie	Other									2953
Fish – Light (fresh or frozen)	Raw – Without Batter/Crumbs									P0029
	Raw – With Batter/Crumbs									P0030
	Other									
Fish - Dark (fresh or frozen)	Raw –without batter/crumbs									P0031
	Other									
Bokkems	Other									3097
Canned fish:	Other									P0032
Pil= chards	In Brine									3055
	In Tomato Sauce									3102
	Other									
Sar= dines	In Oil									3104
	In Tomato Sauce									3087
	Other									
Snoek	Fresh									P0033
	Other									

CODES FOR COLUMNS BELOW

SOURCE OF FOOD		FREQUENCY OF FOOD PURCHASE		PLACE OF FOOD PURCHASE		PLACE OF FOOD STORAGE	
<i>Purchased</i>	1	<i>Daily / 2X p week</i>	1	<i>Supermarket</i>	1	<i>Cupboard</i>	1
<i>Reared</i>	2	<i>Weekly</i>	2	<i>Small Shop</i>	2	<i>Fridge</i>	2
<i>Grown</i>	3	<i>Fortnightly /</i>	3	<i>Market</i>	3	<i>Freezer</i>	3
<i>Grown and milled</i>	4	<i>Monthly</i>	4	<i>Vendor</i>	4	<i>Veget. Rack</i>	4
<i>Picked – wild</i>	5	<i>Spec. Occ</i>	5	<i>Butchery</i>	5	<i>Garden</i>	5
<i>Hunted / Fished</i>	6	<i>Infrequently</i>		<i>Picked/Field</i>	6	<i>Bag</i>	6
<i>Prt – pay – emplr</i>	7			<i>Self</i>	7	<i>Bucket/trunk</i>	7
<i>Barter</i>	8			<i>Take away</i>	8	<i>Pantry</i>	8
<i>Homemade</i>	9			<i>Other</i>	9	<i>Pot</i>	9
<i>Clinic / NGO / Inst.</i>	10					<i>Tupper</i>	10
<i>Dons / Present</i>	11					<i>In a Container</i>	11
<i>Other</i>	12					<i>Coolbox</i>	12
						<i>Other</i>	13

FOOD	FOOD PROCUREMENT					HOUSEHOLD FOOD INVENTORY				CODE
	DESCRIPTION (Please circle)	SOURCE OF FOOD (You may record more than one code)	If Purchased			For Selected EAs only. Only foods for household use. DO NOT INCLUDE FOOD BEING COOKED.				
			Frequency of food purchase	PLACE OF FOOD PURCHASE (You may record more than one code)	Amount Purchased (g) (ml), (kg) or (l)	Description (Please Tick)	PLACE OF FOOD STORAGE (You may record more than one code)	Amount in storage in the house (g), (ml), (kg) or (l)	If > 50 kg Stored, how long will stored food last (Day/Week/Months)	
Sole	Fresh Other									P0034
Tuna	In Oil In Brine Other									3093 3054
Mackerel	In Oil In Sauce Other									3113 P0035
Salmon	Other									3058
Pickled fish/ Curried	Other									3076
Fish Cakes/ Fish Fingers	Fish Cakes Fish Fingers Other									3080 3081

VEGETABLES AND FRUIT

Legumes										
Beans	Haricot, raw									3180
	Sugar Raw									3206
	Kidney, White									3184
	Baked Beans Canned									3176
	Other									

CODES FOR COLUMNS BELOW

		FREQUENCY OF FOOD PURCHASE		PLACE OF FOOD PURCHASE		PLACE OF FOOD STORAGE	
<i>Purchased</i>	1	<i>Daily / 2X p week</i>	1	<i>Supermarket</i>	1	<i>Cupboard</i>	1
<i>Reared</i>	2	<i>Weekly</i>	2	<i>Small Shop</i>	2	<i>Fridge</i>	2
<i>Grown</i>	3	<i>Fortnightly /</i>	3	<i>Market</i>	3	<i>Freezer</i>	3
<i>Grown and milled</i>	4	<i>Monthly</i>	4	<i>Vendor</i>	4	<i>Veget. Rack</i>	4
<i>Picked – wild</i>	5	<i>Spec. Occ</i>	5	<i>Butchery</i>	5	<i>Garden</i>	5
<i>Hunted / Fished</i>	6	<i>Infrequently</i>		<i>Picked/Field</i>	6	<i>Bag</i>	6
<i>Prt – pay – emplr</i>	7			<i>Self</i>	7	<i>Bucket/trunk</i>	7
<i>Barter</i>	8			<i>Take away</i>	8	<i>Pantry</i>	8
<i>Homemade</i>	9			<i>Other</i>	9	<i>Pot</i>	9
<i>Clinic / NGO / Inst.</i>	10					<i>Tupper</i>	10
<i>Dons / Present</i>	11					<i>In a Container</i>	11
<i>Other</i>	12					<i>Coolbox</i>	12
						<i>Other</i>	13

FOOD	FOOD PROCUREMENT					HOUSEHOLD FOOD INVENTORY For Selected EAs only. Only foods for household use. DO NOT INCLUDE FOOD BEING COOKED.				CODE
	DESCRIPTION (Please circle)	SOURCE OF FOOD (You may record more than one code)	If Purchased			Description (Please Tick)	PLACE OF FOOD STORAGE (You may record more than one code)	Amount in storage in the house (g), (ml), (kg) or (l)	If > 50 kg Stored, how long will stored food last (Day/Week/Months)	
			Frequency of food purchase	PLACE OF FOOD PURCHASE (You may record more than one code)	Amount Purchased (g) (ml), (kg) or (l)					
Lentils	Split Peas, Raw								3181	
	Lentil, Split, Raw								3186	
	Other									
Nuts	Groundnuts, Raw								4285	
	Other									
Soya products	Toppers/Imana								4286	
	Other									
Cabbage	Raw								3704	
	Other									
Spinach/ other green leafy vegetables	Raw								4168	
	Other									
Tomato and onion gravy/ relish/ chow	Canned								3910	
	Other									
Pumpkin	Raw								4163	
	Other									
Carrots	Raw								3709	
	Frozen								4110	

	Canned																			4112
	Other																			

CODES FOR COLUMNS BELOW

		FREQUENCY OF FOOD PURCHASE		PLACE OF FOOD PURCHASE		PLACE OF FOOD STORAGE	
<i>Purchased</i>	<i>1</i>	<i>Daily / 2X p week</i>	<i>1</i>	<i>Supermarket</i>	<i>1</i>	<i>Cupboard</i>	<i>1</i>
<i>Reared</i>	<i>2</i>	<i>Weekly</i>	<i>2</i>	<i>Small Shop</i>	<i>2</i>	<i>Fridge</i>	<i>2</i>
<i>Grown</i>	<i>3</i>	<i>Fortnightly /</i>	<i>3</i>	<i>Market</i>	<i>3</i>	<i>Freezer</i>	<i>3</i>
<i>Grown and milled</i>	<i>4</i>	<i>Monthly</i>	<i>4</i>	<i>Vendor</i>	<i>4</i>	<i>Veget. Rack</i>	<i>4</i>
<i>Picked – wild</i>	<i>5</i>	<i>Spec. Occ</i>	<i>5</i>	<i>Butchery</i>	<i>5</i>	<i>Garden</i>	<i>5</i>
<i>Hunted / Fished</i>	<i>6</i>	<i>Infrequently</i>		<i>Picked/Field</i>	<i>6</i>	<i>Bag</i>	<i>6</i>
<i>Prt – pay – emplr</i>	<i>7</i>			<i>Self</i>	<i>7</i>	<i>Bucket/trunk</i>	<i>7</i>
<i>Barter</i>	<i>8</i>			<i>Take away</i>	<i>8</i>	<i>Pantry</i>	<i>8</i>
<i>Homemade</i>	<i>9</i>			<i>Other</i>	<i>9</i>	<i>Pot</i>	<i>9</i>
<i>Clinic / NGO / Inst.</i>	<i>10</i>					<i>Tupper</i>	<i>10</i>
<i>Dons / Present</i>	<i>11</i>					<i>In a Container</i>	<i>11</i>
<i>Other</i>	<i>12</i>					<i>Coolbox</i>	<i>12</i>
						<i>Other</i>	<i>13</i>

FOOD	FOOD PROCUREMENT					HOUSEHOLD FOOD INVENTORY				CODE
	DESCRIPTION (Please circle)	SOURCE OF FOOD (You may record more than one code)	If Purchased			For Selected EAs only. Only foods for household use. DO NOT INCLUDE FOOD BEING COOKED.				
			Frequency of food purchase	PLACE OF FOOD PURCHASE (You may record more than one code)	Amount Purchased (g), (ml), (kg) or (l)	Description (Please Tick)	PLACE OF FOOD STORAGE (You may record more than one code)	Amount in storage in the house (g), (ml), (kg) or (l)	If > 50 kg Stored, how long will stored food last (Day/Week/Months)	
Mealies / Sweet Corn	Fresh -On cob									3725
	Sweet Corn									3726
	Whole Kernel									3942
	Other									
Beet= root	Raw									4096
	Salad (Bought)									3699
	Other									
Pota= toes	Raw									4121
	Other									
Sweet potatoes	Raw									4184
	Other									
Peas	Green, Fresh									4144
	Green, Frozen									4145
	Green, Frozen with Sugar									3720
	Green, Canned									4149
	Other									
Green peppers Brinjal/ egg plant Broccoli Cauli= flower Brussels Sprouts	Raw									3733
	Raw									4098
	Raw									4101
	Raw									4115
	Raw									4104

Mushrooms	Raw									3842
	Canned									4136
Onions	Raw									3755
	Raw									3929
Turnips	Other									

CODES FOR COLUMNS BELOW

SOURCE OF FOOD		FREQUENCY OF FOOD PURCHASE		PLACE OF FOOD PURCHASE		PLACE OF FOOD STORAGE	
<i>Purchased</i>	1	<i>Daily / 2X p week</i>	1	<i>Supermarket</i>	1	<i>Cupboard</i>	1
<i>Reared</i>	2	<i>Weekly</i>	2	<i>Small Shop</i>	2	<i>Fridge</i>	2
<i>Grown</i>	3	<i>Fortnightly /</i>	3	<i>Market</i>	3	<i>Freezer</i>	3
<i>Grown and milled</i>	4	<i>Monthly</i>	4	<i>Vendor</i>	4	<i>Veget. Rack</i>	4
<i>Picked – wild</i>	5	<i>Spec. Occ</i>	5	<i>Butchery</i>	5	<i>Garden</i>	5
<i>Hunted / Fished</i>	6	<i>Infrequently</i>		<i>Picked/Field</i>	6	<i>Bag</i>	6
<i>Prt – pay – emplr</i>	7			<i>Self</i>	7	<i>Bucket/trunk</i>	7
<i>Barter</i>	8			<i>Take away</i>	8	<i>Pantry</i>	8
<i>Homemade</i>	9			<i>Other</i>	9	<i>Pot</i>	9
<i>Clinic / NGO / Inst.</i>	10					<i>Tupper</i>	10
<i>Dons / Present</i>	11					<i>In a Container</i>	11
<i>Other</i>	12					<i>Coolbox</i>	12
						<i>Other</i>	13

FOOD	FOOD PROCUREMENT					HOUSEHOLD FOOD INVENTORY				CODE
	DESCRIPTION (Please circle)	SOURCE OF FOOD (You may record more than one code)	If Purchased			For Selected EAs only. Only foods for household use. DO NOT INCLUDE FOOD BEING COOKED.				
			Frequency of food purchase	PLACE OF FOOD PURCHASE (You may record more than one code)	Amount Purchased (g) (ml), (kg) or (l)	Description (Please Tick)	PLACE OF FOOD STORAGE (You may record more than one code)	Amount in storage in the house (g), (ml), (kg) or (l)	If > 50 kg Stored, how long will stored food last (Day/Week/ Months)	
Salad Vegetables	Raw tomato									3750
	Lettuce									3723
	Cucumber									3718
	Asparagus: raw									4093
	Canned									4094
	Avocado's Other									3656
Mayonnaise/ Salad Dressing	Commercial									3488
	Home Made									3506
	Cooked Salad Dressing									3503
	Low-Oil									3505
	French Other									3487
FRUIT										
Apples	Fresh									3532
	Fresh									3534
Apricot	Canned									3535
	Raw									3582
Pears	Canned Pears									3583
	Fresh									3540
Dates	Dried, Raw									3543

Figs Fruit Salad	Fresh									3544
	Canned									3580
	Raw									3588
Granadilla Oranges/ Naartjie/ Grapefruit Grapes	Fresh									3545
	Fresh									3560
	Fresh									3550

CODES FOR COLUMNS BELOW

SOURCE OF FOOD		FREQUENCY OF FOOD PURCHASE		PLACE OF FOOD PURCHASE		PLACE OF FOOD STORAGE	
<i>Purchased</i>	1	<i>Daily / 2X p week</i>	1	<i>Supermarket</i>	1	<i>Cupboard</i>	1
<i>Reared</i>	2	<i>Weekly</i>	2	<i>Small Shop</i>	2	<i>Fridge</i>	2
<i>Grown</i>	3	<i>Fortnightly /</i>	3	<i>Market</i>	3	<i>Freezer</i>	3
<i>Grown and milled</i>	4	<i>Monthly</i>	4	<i>Vendor</i>	4	<i>Veget. Rack</i>	4
<i>Picked – wild</i>	5	<i>Spec. Occ</i>	5	<i>Butchery</i>	5	<i>Garden</i>	5
<i>Hunted / Fished</i>	6	<i>Infrequently</i>		<i>Picked/Field</i>	6	<i>Bag</i>	6
<i>Prt – pay – emplr</i>	7			<i>Self</i>	7	<i>Bucket/trunk</i>	7
<i>Barter</i>	8			<i>Take away</i>	8	<i>Pantry</i>	8
<i>Homemade</i>	9			<i>Other</i>	9	<i>Pot</i>	9
<i>Clinic / NGO / Inst.</i>	10					<i>Tupper</i>	10
<i>Dons / Present</i>	11					<i>In a Container</i>	11
<i>Other</i>	12					<i>Coolbox</i>	12
						<i>Other</i>	13

FOOD	FOOD PROCUREMENT					HOUSEHOLD FOOD INVENTORY For Selected EAs only. Only foods for household use. DO NOT INCLUDE FOOD BEING COOKED.				CODE
	DESCRIPTION (Please circle)	SOURCE OF FOOD (You may record more than one code)	If Purchased			Description (Please Tick)	PLACE OF FOOD STORAGE (You may record more than one code)	Amount in storage in the house (g), (ml), (kg) or (l)	If > 50 kg Stored, how long will stored food last (Day/Week/Months)	
			Frequency of food purchas	PLACE OF FOOD PURCHASE (You may record more than one code)	Amount Purchased (g) (ml), (kg) or (l)					
Peaches	Fresh									3565
	Canned									3567
Mangoes	Fresh									3556
Pawpaw	Fresh									3563
Pineapple	Fresh									3581
	Canned-Juice									3647
	Canned-Syrup									3648
Plum	Fresh									3570
Prunes	Fresh									4230
Straw= berries	Fresh									3573
Sweet melon	Green									3575
	Orange									3541
Water= melon	Fresh									3576
	Canned									3553
Litchi	Fresh									3632
	Other									

Wild fruit/berries	Specify types:									
Dried fruit (also as snacks)	Raisins									3552
	Prunes (Raw)									3596
	Peaches (Raw)									3568
	Apples (Raw)									3600
	Dried Fruit Sweets									3995
	Other									

CODES FOR COLUMNS BELOW

		FREQUENCY OF FOOD PURCHASE		PLACE OF FOOD PURCHASE		PLACE OF FOOD STORAGE	
<i>Purchased</i>	1	<i>Daily / 2X p week</i>	1	<i>Supermarket</i>	1	<i>Cupboard</i>	1
<i>Reared</i>	2	<i>Weekly</i>	2	<i>Small Shop</i>	2	<i>Fridge</i>	2
<i>Grown</i>	3	<i>Fortnightly /</i>	3	<i>Market</i>	3	<i>Freezer</i>	3
<i>Grown and milled</i>	4	<i>Monthly</i>	4	<i>Vendor</i>	4	<i>Veget. Rack</i>	4
<i>Picked – wild</i>	5	<i>Spec. Occ</i>	5	<i>Butchery</i>	5	<i>Garden</i>	5
<i>Hunted / Fished</i>	6	<i>Infrequently</i>		<i>Picked/Field</i>	6	<i>Bag</i>	6
<i>Prt – pay – emplr</i>	7			<i>Self</i>	7	<i>Bucket/trunk</i>	7
<i>Barter</i>	8			<i>Take away</i>	8	<i>Pantry</i>	8
<i>Homemade</i>	9			<i>Other</i>	9	<i>Pot</i>	9
<i>Clinic / NGO / Inst.</i>	10					<i>Tupper</i>	10
<i>Dons / Present</i>	11					<i>In a Container</i>	11
<i>Other</i>	12					<i>Coolbox</i>	12
						<i>Other</i>	13

FOOD	FOOD PROCUREMENT					HOUSEHOLD FOOD INVENTORY				CODE
	DESCRIPTION (Please circle)	SOURCE OF FOOD (You may record more than one code)	If Purchased			For Selected EAs only. Only foods for household use. DO NOT INCLUDE FOOD BEING COOKED.				
			Frequency of food purchase	PLACE OF FOOD PURCHASE (You may record more than one code)	Amount Purchased (g) (ml), (kg) or (l)	Description (Please Tick)	PLACE OF FOOD STORAGE (You may record more than one code)	Amount in storage in the house (g), (ml), (kg) or (l)	If > 50 kg Stored, how long will stored food last (Day/Week/Months)	
Other Fruit										

SNACKS, PUDDINGS, SWEETS

Potato crisps	Specify:									3417
	Other									
Peanuts	Raw									4285
	Peanut Brittle									4002
	Roasted, Unsalted									3452
	Roasted, Salted									3458
	Other									
Cheese	Average									3267

	Savoury									3418
	Other									
Popcorn	Plain									3332
	Sugar Coated									3359
	Other									
Raisins	Raisins (Seedless)									4232
	Other									

CODES FOR COLUMNS BELOW

SOURCE OF FOOD		FREQUENCY OF FOOD PURCHASE		PLACE OF FOOD PURCHASE		PLACE OF FOOD STORAGE	
<i>Purchased</i>	1	<i>Daily / 2X p week</i>	1	<i>Supermarket</i>	1	<i>Cupboard</i>	1
<i>Reared</i>	2	<i>Weekly</i>	2	<i>Small Shop</i>	2	<i>Fridge</i>	2
<i>Grown</i>	3	<i>Fortnightly /</i>	3	<i>Market</i>	3	<i>Freezer</i>	3
<i>Grown and milled</i>	4	<i>Monthly</i>	4	<i>Vendor</i>	4	<i>Veget. Rack</i>	4
<i>Picked – wild</i>	5	<i>Spec. Occ</i>	5	<i>Butchery</i>	5	<i>Garden</i>	5
<i>Hunted / Fished</i>	6	<i>Infrequently</i>		<i>Picked/Field</i>	6	<i>Bag</i>	6
<i>Prt – pay – emplr</i>	7			<i>Self</i>	7	<i>Bucket/trunk</i>	7
<i>Barter</i>	8			<i>Take away</i>	8	<i>Pantry</i>	8
<i>Homemade</i>	9			<i>Other</i>	9	<i>Pot</i>	9
<i>Clinic / NGO / Inst.</i>	10					<i>Tupper</i>	10
<i>Dons / Present</i>	11					<i>In a Container</i>	11
<i>Other</i>	12					<i>Coolbox</i>	12
						<i>Other</i>	13

FOOD	FOOD PROCUREMENT				HOUSEHOLD FOOD INVENTORY				CODE
	DESCRIPTION (Please circle)	SOURCE OF FOOD (You may record more than one code)	If Purchased		For Selected EAs only. Only foods for household use. DO NOT INCLUDE FOOD BEING COOKED.				
			Frequency of food purchase	PLACE OF FOOD PURCHASE (You may record more than one code)	Amount Purchased (g) (ml), (kg) or (l)	Description (Please Tick)	PLACE OF FOOD STORAGE (You may record more than one code)	Amount in storage in the house (g), (ml), (kg) or (l)	
Chocolates	Assorted Coated Bars (Chomp)								3992
	Milk (Smarties, Flake, Aero)								3997
	Nuts & Raisins								3994
	Plain								4003
	Other								
Candies & Sweets	Peppermints								4004
	Fruit Gums								4000
	Sugus, gums, hard sweets								3986
	Fruit Gums								4000

Sugus, Gums, Hard Sweets										3986
Bubble/Chewing Gum										3993
Marshmallows										4001
Meringues										4008
Toffees, Fudge, Caramels										3991
Other										

CODES FOR COLUMNS BELOW

		FREQUENCY OF FOOD PURCHASE		PLACE OF FOOD PURCHASE		PLACE OF FOOD STORAGE	
<i>Purchased</i>	1	<i>Daily / 2X p week</i>	1	<i>Supermarket</i>	1	<i>Cupboard</i>	1
<i>Reared</i>	2	<i>Weekly</i>	2	<i>Small Shop</i>	2	<i>Fridge</i>	2
<i>Grown</i>	3	<i>Fortnightly /</i>	3	<i>Market</i>	3	<i>Freezer</i>	3
<i>Grown and milled</i>	4	<i>Monthly</i>	4	<i>Vendor</i>	4	<i>Veget. Rack</i>	4
<i>Picked – wild</i>	5	<i>Spec. Occ</i>	5	<i>Butchery</i>	5	<i>Garden</i>	5
<i>Hunted / Fished</i>	6	<i>Infrequently</i>		<i>Picked/Field</i>	6	<i>Bag</i>	6
<i>Prt – pay – emplr</i>	7			<i>Self</i>	7	<i>Bucket/trunk</i>	7
<i>Barter</i>	8			<i>Take away</i>	8	<i>Pantry</i>	8
<i>Homemade</i>	9			<i>Other</i>	9	<i>Pot</i>	9
<i>Clinic / NGO / Inst.</i>	10					<i>Tupper</i>	10
<i>Dons / Present</i>	11					<i>In a Container</i>	11
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	DESCRIPTION (Please circle)	SOURCE OF FOOD (You may record more than one code)	If Purchased			For Selected EAs only. Only foods for household use. DO NOT INCLUDE FOOD BEING COOKED.				
			Frequency of food purchase	PLACE OF FOOD PURCHASE (You may record more than one code)	Amount Purchased (g) (ml), (kg) or (l)	Description (Please Tick)	PLACE OF FOOD STORAGE (You may record more than one code)	Amount in storage in the house (g), (ml), (kg) or (l)	If > 50 kg Stored, how long will stored food last (Day/Week/Months)	
Biscuits and Cookies	Commercial + Filling									3217
	Plain									3216
	Custard Slice									3338
	Doughnuts-Jam									3423
	Doughnuts-Plain									3232
	Eclairs									3268
	Other									
Cakes & Tarts	Apple Tart									3224
	Coconut Tart									3228
	Condensed									3294

	Fridge									3394
	Lemon Meringue									3226
	Milk									3360
	Tipsy									3323
	Jam									3225
	Banana Loaf									3333
	Date Loaf									3256
	Carrot Cake									3392
	Plain Cake									3288
	Cake Icing									4014
	Chocolate (No Icing)									3289
	Fruit Cake									3291
	Sponge (Plain)									3219
	Swiss Roll									3292
	Cheese Cake									3293
	Other									

CODES FOR COLUMNS BELOW

SOURCE OF FOOD		FREQUENCY OF FOOD PURCHASE		PLACE OF FOOD PURCHASE		PLACE OF FOOD STORAGE	
<i>Purchased</i>	1	<i>Daily / 2X p week</i>	1	<i>Supermarket</i>	1	<i>Cupboard</i>	1
<i>Reared</i>	2	<i>Weekly</i>	2	<i>Small Shop</i>	2	<i>Fridge</i>	2
<i>Grown</i>	3	<i>Fortnightly /</i>	3	<i>Market</i>	3	<i>Freezer</i>	3
<i>Grown and milled</i>	4	<i>Monthly</i>	4	<i>Vendor</i>	4	<i>Veget. Rack</i>	4
<i>Picked – wild</i>	5	<i>Spec. Occ</i>	5	<i>Butchery</i>	5	<i>Garden</i>	5
<i>Hunted / Fished</i>	6	<i>Infrequently</i>		<i>Picked/Field</i>	6	<i>Bag</i>	6
<i>Prt – pay – emplr</i>	7			<i>Self</i>	7	<i>Bucket/trunk</i>	7
<i>Barter</i>	8			<i>Take away</i>	8	<i>Pantry</i>	8
<i>Homemade</i>	9			<i>Other</i>	9	<i>Pot</i>	9
<i>Clinic / NGO / Inst.</i>	10					<i>Tupper</i>	10
<i>Dons / Present</i>	11					<i>In a Container</i>	11
<i>Other</i>	12					<i>Coolbox</i>	12
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	DESCRIPTION (Please circle)	SOURCE OF FOOD (You may record more than one code)	If Purchased			Description (Please Tick)	PLACE OF FOOD STORAGE (You may record more than one code)	Amount in storage in the house (g), (ml), (kg) or (l)	If > 50 kg Stored, how long will stored food last (Day/Week/Months)	
			Frequency of food purchase	PLACE OF FOOD PURCHASE (You may record more than one code)	Amount Purchased (g) (ml), (kg) or (l)					
Pancakes/ Crumpets										3424
Koek= sisters										3231
Savouries	Sausage Rolls									2939
	Samosas									3355
	Biscuits e.g. Bacon Kips									3331
	Other									

Pudding: Jelly & Instant Pudding	Jelly Powder									3996
	Jelly, Dessert, prepared with Water									3983
	Instant Pudding: Dry Powder									3313
	Other									
Ice cream	Commercial Regular									3483
	Commercial Rich									3519
	Soft Serve									3518
	Sorbet									3491
	Ice Lollies									3982
	Chocolate Coated Individual Ice Creams (e.g. magnum)									P0036
Other										

CODES FOR COLUMNS BELOW

SOURCE OF FOOD		FREQUENCY OF FOOD PURCHASE		PLACE OF FOOD PURCHASE		PLACE OF FOOD STORAGE	
<i>Purchased</i>	1	<i>Daily / 2X p week</i>	1	<i>Supermarket</i>	1	<i>Cupboard</i>	1
<i>Reared</i>	2	<i>Weekly</i>	2	<i>Small Shop</i>	2	<i>Fridge</i>	2
<i>Grown</i>	3	<i>Fortnightly /</i>	3	<i>Market</i>	3	<i>Freezer</i>	3
<i>Grown and milled</i>	4	<i>Monthly</i>	4	<i>Vendor</i>	4	<i>Veget. Rack</i>	4
<i>Picked – wild</i>	5	<i>Spec. Occ</i>	5	<i>Butchery</i>	5	<i>Garden</i>	5
<i>Hunted / Fished</i>	6	<i>Infrequently</i>		<i>Picked/Field</i>	6	<i>Bag</i>	6
<i>Prt – pay – emplr</i>	7			<i>Self</i>	7	<i>Bucket/trunk</i>	7
<i>Barter</i>	8			<i>Take away</i>	8	<i>Pantry</i>	8
<i>Homemade</i>	9			<i>Other</i>	9	<i>Pot</i>	9
<i>Clinic / NGO / Inst.</i>	10					<i>Tupper</i>	10
<i>Dons / Present</i>	11					<i>In a Container</i>	11
<i>Other</i>	12					<i>Coolbox</i>	12
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Custard	Powder									3297
	Ultramel									2716
	Other									
Other Puddings	(Specify)									

SAUCES, GRAVIES, CONDIMENTS										
Tomato Sauce										3139
Worcester Sauce										P0037
Chutney	Fruit									3168
	Tomato									3114
Pickles										3866
Atchar										3117
Packet soups										3158
Gravy (Comm)										3118
Other	Specify									
Salt	Iodised - Coarse									4288
	Iodised - Fine									4288
	Not Iodised - Coarse									4046
	Not Iodised - Fine									4046
	Other									

CODES FOR COLUMNS BELOW							
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<i>Purchased</i>	1	<i>Daily / 2X p week</i>	1	<i>Supermarket</i>	1	<i>Cupboard</i>	1
<i>Reared</i>	2	<i>Weekly</i>	2	<i>Small Shop</i>	2	<i>Fridge</i>	2
<i>Grown</i>	3	<i>Fortnightly /</i>	3	<i>Market</i>	3	<i>Freezer</i>	3
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<i>Picked - wild</i>	5	<i>Spec. Occ</i>	5	<i>Butchery</i>	5	<i>Garden</i>	5
<i>Hunted / Fished</i>	6	<i>Infrequently</i>		<i>Picked/Field</i>	6	<i>Bag</i>	6
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<i>Barter</i>	8			<i>Take away</i>	8	<i>Pantry</i>	8
<i>Homemade</i>	9			<i>Other</i>	9	<i>Pot</i>	9
<i>Clinic / NGO / Inst.</i>	10					<i>Tupper</i>	10
<i>Dons / Present</i>	11					<i>In a Container</i>	11
<i>Other</i>	12					<i>Coolbox</i>	12
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Aromat										P0038
Mustard										4034
Garlic Salt										P0039

Seasoning										P0040
Soup Cubes, e.g. Oxo , Bovril										4029
INFANT FOODS: Baby/ Infant Cereals	Mixed dry (Nestum 2)									2834
	Mixed Dry (Purity)									2842
	Wholewheat Dry (Purity)									2861
	Rice and Maize Dry (Nestum)									2835
	Rice Dry (Purity)									2862
	Wheat Dry (Nestum 1) With Milk Dry (Cerelac)									2832 2836
	Junior Cereal Dry									2833
	Other									

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FOOD	FOOD PROCUREMENT				HOUSEHOLD FOOD INVENTORY				CODE
	DESCRIPTION (Please circle)	SOURCE OF FOOD (You may record more than one code)	If Purchased		For Selected EAs only. Only foods for household use. DO NOT INCLUDE FOOD BEING COOKED.				
			Frequency of food purchase	PLACE OF FOOD PURCHASE (You may record more than one code)	Amount Purchased (g) (ml), (kg) or (l)	Description (Please Tick)	PLACE OF FOOD STORAGE (You may record more than one code)	Amount in storage in the house (g), (ml), (kg) or (l)	

Vegetables Specify	First food average vegetable (jar)									2851
	Junior Food Veg (Jar)									2849
	Junior Food Veg Plus Meat									2848
	Infant Dinner, Beef & Veg									2841
	Infant Dinner, Chicken & Veg									2840
	Infant Dinner, Mixed Veg									2839
	Other									
Fruit Purees for Babies or Infants	First Food Average (Jar)									2852
	Junior Fruit (Jar)									2863
	Strained Fruit (Jar)									2860
	Other									

CODES FOR COLUMNS BELOW

SOURCE OF FOOD		FREQUENCY OF FOOD PURCHASE		PLACE OF FOOD PURCHASE		PLACE OF FOOD STORAGE	
<i>Purchased</i>	1	<i>Daily / 2X p week</i>	1	<i>Supermarket</i>	1	<i>Cupboard</i>	1
<i>Reared</i>	2	<i>Weekly</i>	2	<i>Small Shop</i>	2	<i>Fridge</i>	2
<i>Grown</i>	3	<i>Fortnightly /</i>	3	<i>Market</i>	3	<i>Freezer</i>	3
<i>Grown and milled</i>	4	<i>Monthly</i>	4	<i>Vendor</i>	4	<i>Veget. Rack</i>	4
<i>Picked – wild</i>	5	<i>Spec. Occ</i>	5	<i>Butchery</i>	5	<i>Garden</i>	5
<i>Hunted / Fished</i>	6	<i>Infrequently</i>		<i>Picked/Field</i>	6	<i>Bag</i>	6
<i>Prt – pay – emplr</i>	7			<i>Self</i>	7	<i>Bucket/trunk</i>	7
<i>Barter</i>	8			<i>Take away</i>	8	<i>Pantry</i>	8
<i>Homemade</i>	9			<i>Other</i>	9	<i>Pot</i>	9
<i>Clinic / NGO / Inst.</i>	10					<i>Tupper</i>	10
<i>Dons / Present</i>	11					<i>In a Container</i>	11
<i>Other</i>	12					<i>Coolbox</i>	12
						<i>Other</i>	13

FOOD	FOOD PROCUREMENT			HOUSEHOLD FOOD INVENTORY For Selected EAs only. Only foods for household use. DO NOT INCLUDE FOOD BEING COOKED.	CODE
	DESCRIPTION (Please circle)	SOURCE OF FOOD	If Purchased		

			Frequency of food purchase	PLACE OF FOOD PURCHASE (You may record more than one code)	Amount Purchased (g) (ml), (kg) or (l)	Description (Please Tick)	PLACE OF FOOD STORAGE (You may record more than one code)	Amount in storage in the house (g), (ml), (kg) or (l)	If > 50 kg Stored, how long will stored food last (Day/Week/ Months)	
Infant Desserts	Specify type e.g. guava and custard									2837
	Other									
Vegetable purees: with or without meat for babies or infants										P0041
DIETARY SUPPLEMENTS										
WILD BIRDS, ANIMALS, INSECTS OR FRUITS AND BERRIES (hunted or collected in rural areas or on farms: (specify))										

CODES FOR COLUMNS BELOW

SOURCE OF FOOD		FREQUENCY OF FOOD PURCHASE		PLACE OF FOOD PURCHASE		PLACE OF FOOD STORAGE	
<i>Purchased</i>	1	<i>Daily / 2X p week</i>	1	<i>Supermarket</i>	1	<i>Cupboard</i>	1
<i>Reared</i>	2	<i>Weekly</i>	2	<i>Small Shop</i>	2	<i>Fridge</i>	2
<i>Grown</i>	3	<i>Fortnightly /</i>	3	<i>Market</i>	3	<i>Freezer</i>	3
<i>Grown and milled</i>	4	<i>Monthly</i>	4	<i>Vendor</i>	4	<i>Veget. Rack</i>	4
<i>Picked – wild</i>	5	<i>Spec. Occ</i>	5	<i>Butchery</i>	5	<i>Garden</i>	5
<i>Hunted / Fished</i>	6	<i>Infrequently</i>		<i>Picked/Field</i>	6	<i>Bag</i>	6
<i>Prt – pay – emplr</i>	7			<i>Self</i>	7	<i>Bucket/trunk</i>	7
<i>Barter</i>	8			<i>Take away</i>	8	<i>Pantry</i>	8
<i>Homemade</i>	9			<i>Other</i>	9	<i>Pot</i>	9
<i>Clinic / NGO / Inst.</i>	10					<i>Tupper</i>	10
<i>Dons / Present</i>	11					<i>In a Container</i>	11
<i>Other</i>	12					<i>Coolbox</i>	12
						<i>Other</i>	13

FOOD	FOOD PROCUREMENT	HOUSEHOLD FOOD INVENTORY	CODE
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DESCRIPTION (Please circle)	SOURCE OF FOOD (You may record more than one code)	If Purchased			Description (Please Tick)	PLACE OF FOOD STORAGE (You may record more than one code)	Amount in storage in the house (g), (ml), (kg) or (l)	If > 50 kg Stored, how long will stored food last (Day/Week/Months)
		Frequency of food purchase	PLACE OF FOOD PURCHASE (You may record more than one code)	Amount Purchased (g) (ml), (kg) or (l)				

ARE THERE ANY OTHER MAJOR FOOD ITEMS OR DRINKS NOT LISTED?

Now I would like to ask you how much a few foods cost you:

(ATTENTION INTERVIEWER: IF A FOOD ITEM IS NOT USED LEAVE THE ROW BLANK. IF SOME INFORMATION ABOUT A FOOD IS NOT KNOWN WRITE 'NK' FOR NOT KNOWN).

SECTION B: COMMONLY USED FOOD ITEMS

FOOD	DESCRIPTION	SOURCE OF FOOD Purchased=1 Other = 2	If Purchased, AMOUNT PURCHASED	If Purchased, UNIT PURCHASED	If Purchased, PRICE PER UNIT	CODE
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Maize Meal						3398
Wheat Flour						3298
Sorghum/ Mabella						3277
Breakfast Cereals						3243
Baby/ Infant Cereals						2834
Sugar						3989
Fats:						
Margarine – Hard						3484
Holsum						3516
Oil						3507
Rice						3247
Samp/ Maize Rice						3274
Bread: White						3210
						3210
Potbrood						3212
						3210
Brown Bread Rolls						
Chicken						4292
Chicken Head & Feet						2999
						2997
Beans						3206
Sardines						3104
Tinned Pilchards						3087
Eggs						2901

FOOD	DESCRIPTION	SOURCE OF FOOD Purchased=1 Other = 2	If Purchased, AMOUNT PURCHASED	If Purchased, UNIT PURCHASED	If Purchased, PRICE PER UNIT	CODE
Spinach						4168
Potato						4121
Tomatoes						3750
Onions						3755

Creamer (Non-Dairy)						2751
Milk						2718
Tea						4038
Coffee						4037
Soup						3158
Fruit: Apples						3532 3540 3560
Bananas						
Oranges						
Smoor (Onions & Tomato, etc.)						3910
Cheese Curls						3267
Cooldrinks (Coke)						3981 3990
Oros						
Hard Boiled Sweets						3986
Sorghum Beer						4039 4031
Can Beer						
Red Meat						P0017
Corn OnCob						3271
Mageu						4056

SECTION C: BRAND NAMES OF COMMONLY USED FOOD ITEMS

FOOD	DESCRIPTION (Please circle)	If domestically milled, what mill is used (if applicable)? Portable mill = 1 Village stone mill = 2 Self milling = 3	Write the brand name printed on the package (if no name, write 'unbranded')	Code
Maize Meal	Sifted raw (White)			3398

	Special (White) Enriched Raw			3377
	Special Raw (White)			3270
	Special Raw (Yellow)			3275
	Unsifted Raw (White)			3269
	Super Raw (White)			3397
	Domestically Milled (White)			3449
	Domestically Milled (Yellow)			3450
	Other			
Wheat Flour	Brown Bread Meal			3298
	Cake / White Bread Flour			3273
	Self Raising, White			3415
	Whole Wheat Meal			3299
	Other			
Sugar	White			3989
	Brown			4005
	Sweetener: Type			P0016
	Other			
Breakfast Cereals	Corn Flakes			3243
	Sugar Frosted			3374
	Honey Crunch Muesli			3303
	Pro Nutro: Great Start			3438
	High Energy			3245
	Whole Wheat			3436
	Puffed Wheat (Sweetened)			3325
	Honey Smacks			3376
	Raisin Bran			3373
	Special K			3322
	All Bran			3242
	Rice Crispies			3252
	Cocopops			3372
	Fruitloops			3425
	Weetbix			3244
	Tastee Wheat			3240
	Other			

FOOD	DESCRIPTION (Please circle)	If domestically milled, what mill is used (if applicable)? Portable mill = 1 Village stone mill = 2 Self milling = 3	Write the brand name printed on the package (if no name, write 'unbranded')	Code
Baby Foods:	Mixed dry (Nestum 2)			2834
	Mixed Dry (Purity)			2842

	Wholewheat Dry (Purity)			2861
	Rice and Maize Dry (Nestum)			2835
	Rice Dry (Purity)			2862
	Wheat Dry (Nestum 1)			2832
	With Milk Dry (Cerelac)			2836
	Junior Cereal Dry			2833
	Other			
Baby Foods: Vegetables:	First food average vegetable (jar)			2851
	Junior Food Veg (Jar)			2849
	Junior Food Veg Plus Meat			2848
	Infant Dinner, Beef & Veg			2841
	Infant Dinner, Chicken & Veg			2840
	Infant Dinner, Mixed Veg			2839
	Other			
Baby Foods: Fruit Purees and Puddings	First Food Average (Jar)			2852
	Junior Fruit (Jar)			2863
	Strained Fruit (Jar)			2860
	Guava and Custard Dessert (Jar)			2837
	Other			

SECTION D

Please answer the following additional questions:

1. What form of transport do you use to go and buy your food?

1	2	3	4	5	6	7
Foot	Bicycle/ Motorbike	Taxi	Public Transport	Car of Friend	Own Car	Other (Please Specify)

2. Do you have your own crop production Yes No

If yes, complete the following table:

Which crops are grown?	What proportion is consumed in your own household each year? (Please Circle)				
	None	¼	½	¾	All
	None	¼	½	¾	All
	None	¼	½	¾	All
	None	¼	½	¾	All

3. Do you own any livestock? Yes No

If yes, complete the following table:

Kind of animal	No. of animals	Purpose

4. Do you use any other methods to keep food?

Yes No

If yes, please explain which foods and how you preserve them:

Food	Methods of Preservation

5. Do you usually produce enough food to last you until the next harvest?

Yes No

SECTION E: COOKED FOOD STORED

FOOD	DESCRIPTION	PLACE OF FOOD STORAGE	Amount in Storage in the house (g) or (ml)	CODE

THANK YOU FOR YOUR CO-OPERATION AND PATIENCE.